

DESERT STORM ELITE WEST

7225 N. 110th Ave
Glendale, AZ 85307
480-391-0164



2008 Summer Day Camp Schedule

Come have fun while learning new skills, perfecting current skills and challenge yourself to move to a higher level!

Monday & Wednesday

		<u>Prices</u>
9:00 - 11:00	Cheer Camp	\$130.00
9:00 - 11:00	All Boy Tumbling	\$130.00
10:00 - 12:00	Intermediate Tumbling (Requires standing back handspring & round off back handspring)	\$130.00
10:00 - 12:00	Advanced Elite Tumbling (Requires round off back handspring/back tuck without spotting)	\$130.00

Tuesday & Thursday

9:00 - 11:00	Flyer Class	\$130.00
9:00 - 11:00	Beginning Tumbling	\$130.00
10:00 - 11:00	Twist Class (Invitation ONLY & requires solid layout)	\$95.00
11:00 - 1:00	Intermediate Tumbling (Requires standing back handspring & round off back handspring)	\$130.00

Each camp runs for 2 weeks

Session 1 **June 2 - 13th**
Session 2 **June 16 - 27th**

Questions Can be directed to:

Eric Contreras: (480) 343-1476
Kathy Carlson: (480) 343-1485
Travis Shumake: (480) 273-1932
Desert Storm Elite (480) 391-0164

Each camp focuses on different skills:

Beginning Tumbling: Cartwheel, Round offs, Back Bends & Back Handsprings.

Intermediate Tumbling: Back Handspring Series & Introduction to back tucks.

Advanced Tumbling: Round Off Back Handspring Tucks, Perfecting Layouts & Introduction to Full Twisting Layout.

Twist Class: Perfecting the Full Twisting Layout & Introduction to Double Full.

Flyer class: For experienced flyers as well as girls who are interested in learning more about flying.

Focus is on developing flying skills as well as improving strength and flexibility.

Flyers will have both Coed and All-Girl opportunities.

All Boy Tumbling: Beginner to Intermediate tumbling for boys ages 7-18

Focus is on introducing and developing tumbling skills, this can help in other athletic events or potential coed cheerleading.

(Rev. 3/13/08)